

Webinars

An online event for larg(er) groups of participants where accessible, diverse topics regarding mental fitness will be discussed.

Our selection

You can use our webinars to inform employees about more common themes such as: Resilience, Stress and Motivation. There are also webinars available for more specific target groups: onboarding of new employees and female employees with menopausal problems. Our webinars are mostly used for vitality events, the Week of Work Stress and/or as a kickoff at information sessions.

When

When your employer wants to provide information –for example as a part of the PsychoSocial Workload cycle (PSA-cycle), to prevent work stress or boost resilience.

Features of the webinars

- Provided by an experienced psychologist/trainer.
- Immediate practical and applicable information.
- Interactive
- Online

This is what makes our webinars unique

- Based on current scientific insights, practically translated.
- Customization is possible.
- Possibility to record a webinar (max. 6 months available).



Shared Ambition offers solutions for three target groups

@Work

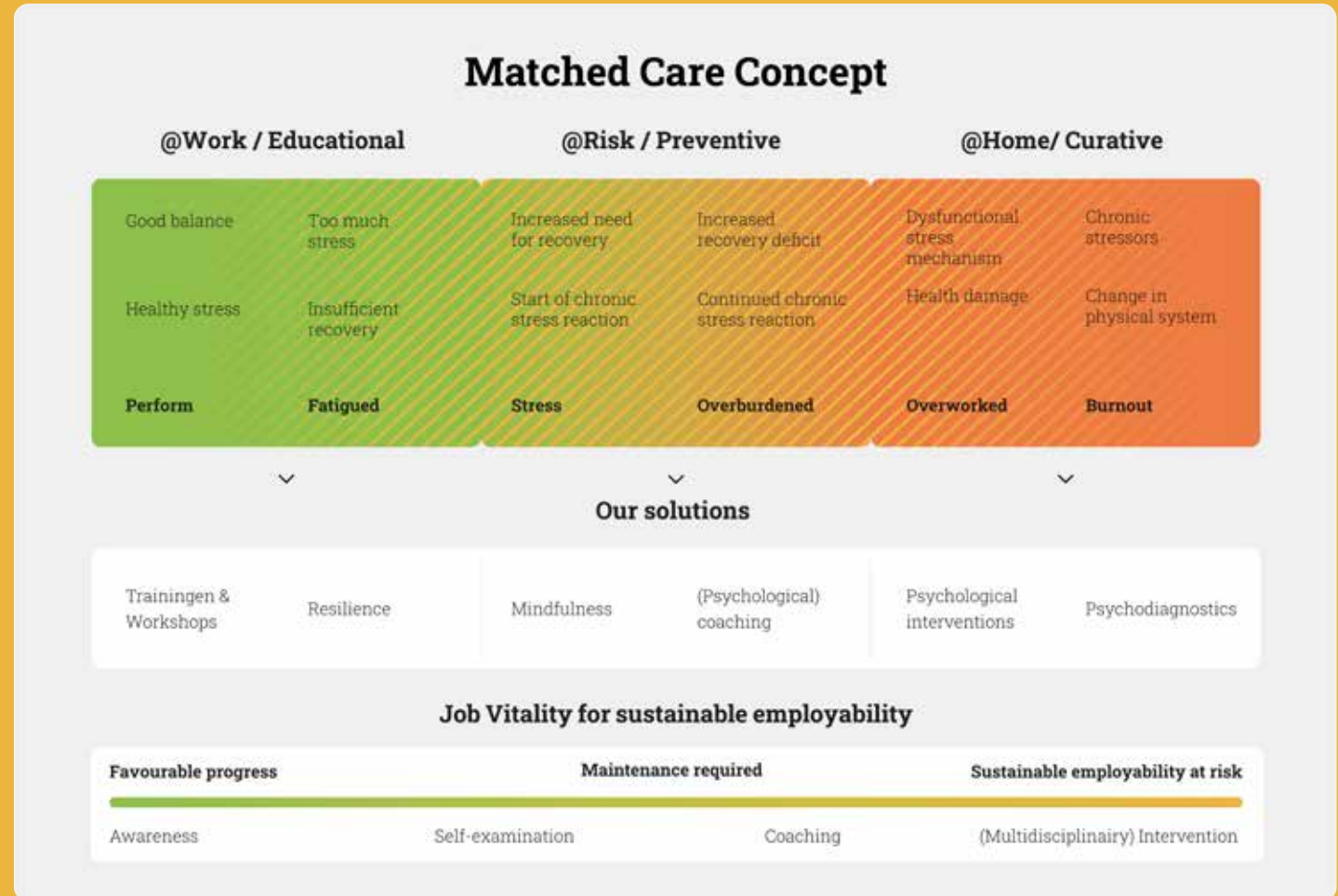
For employees who are working and want to remain mentally healthy

@Risk

For employees who are at risk of falling out

@Home

For employees who are partially or entirely absent



Working together

Shared Ambition specializes in work-related psychological health.

If you would like to learn more about Shared Ambition and/or our products and services, please visit the website or get in touch.

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